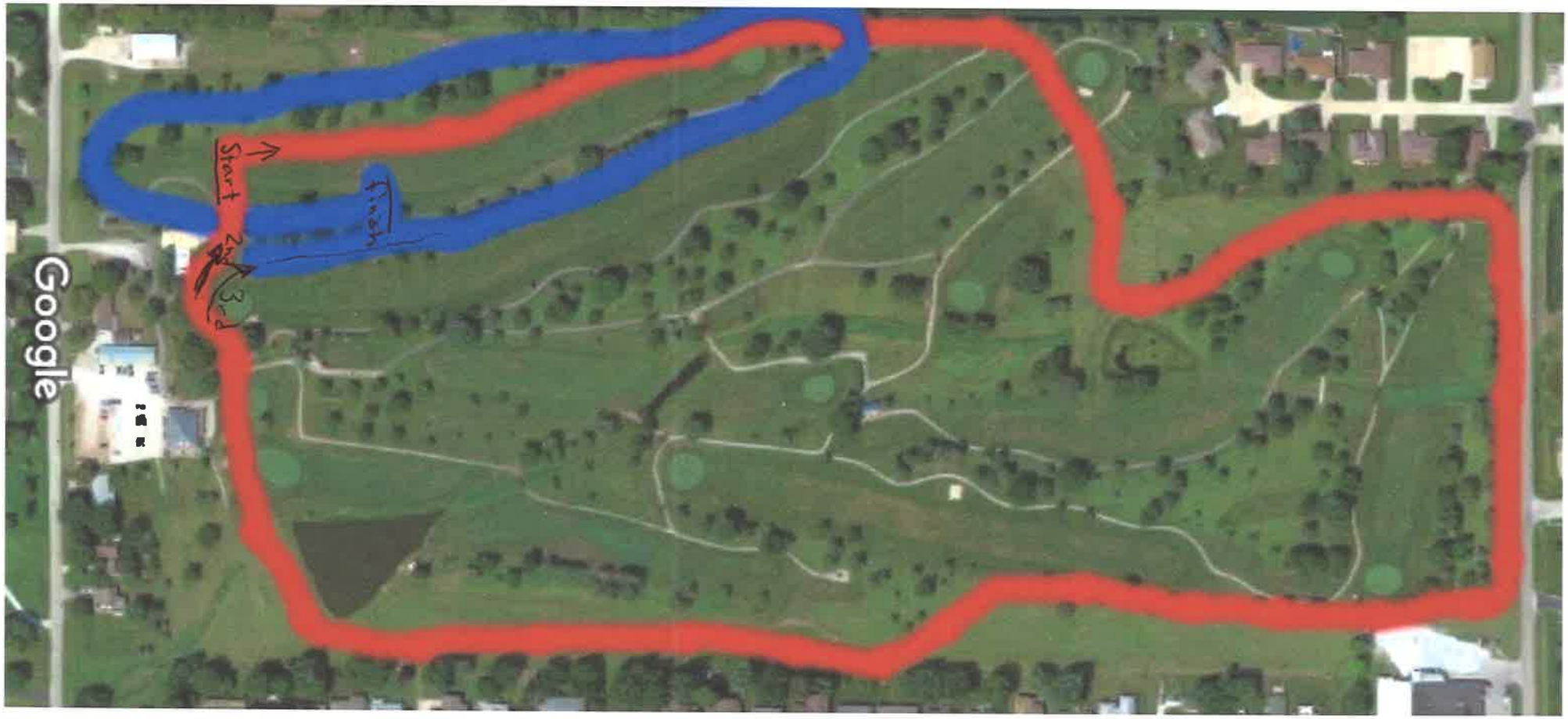
HS → 5K = 2 red laps + 1 blue Lap

JH → 2K = 1 red lap