



BREAKFAST

OCTOBER 2022

Central - Jefferson

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Chip "Sheet Pan" Cakes (36) 3	Ham & Egg Bar (8) 4 (FFVP - Celery w/Ranch)	Apple filled Breadstick (38) 5	French Toast Sticks (37) 6 (FFVP - Apples)	Long John (42) 7
Mini Waffles (37) 10	Bacon/Egg Breakfast Pizza (23) 11 (FFVP- Peas w/Ranch)	Banana Bread (42) 12	Chicken & Waffle Sandwich (22) 13 (FFVP - Kiwi)	<i>NO SCHOOL</i>
Sausage/Egg/Cheese Bagel Pizza (23) 17	Apple Strudel (36) 18 (FFVP - Pears)	Sausage/Pancake on a Stick (16) 19	<i>NO SCHOOL</i>	<i>NO SCHOOL</i>
Cinn-a-mini (40) 24	Sausage Breakfast Pizza (26) 25 (FFVP - Rainbow Carrots w/Ranch)	Pumpkin Muffin (26) Yogurt (15) 26	Strawberry Cream filled Mini Bagels (42) 27 (FFVP - Raspberries)	<i>NO SCHOOL</i>
Chocolate Crescent (37) 31				

Menu Information: Cold Cereal, Cereal Bars or Pop Tarts are alternate daily breakfast choices. Juice, Fruit and Milk are offered with Breakfast. (##) Denotes carb counts. Menu Subject to Change without Notice due to product availability. Carb counts may change due to specific product availability.

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