



# BREAKFAST

# NOVEMBER 2022

[Enter Menu Details]

## Central - Jefferson

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Ham & Egg Bar (8)

1

French Toast Sticks (37)

2

Chocolate Chip Sheet "Pancakes" (36)

3

Long John (42)

4

FFVP - Tomatoes

FFVP - Clementine

Mini Waffles (37)

7

Sausage Bites (16)

8

Assorted Breakfast Bread (42)

9

Chicken(5) & Waffle Sticks (18)

10

Ultimate Breakfast Round (42)

11

FFVP - Cauliflower

FFVP - Banana

Apple Strudel (36)

14

Egg/Cheese Bagel Pizza (23)

15

Cinn-a-mini (42)

16

Toasted Cheese Triangle(15)

17

Apple filled Donut (34)

18

FFVP - Baby Carrots

FFVP - Cranberries

Sausage Breakfast Pizza (26)

21

HMD Chocolate Chip Muffin (30)  
Yogurt (15)

22

NO SCHOOL

23

NO SCHOOL

24

NO SCHOOL

25

FFVP - Clementine

HAPPY THANKSGIVING

Ham & Egg Bar (8)

28

Mini Waffles (37)

29

Bacon/Egg Breakfast Pizza (23)

30

FFVP - Celery



Menu Information: Cold Cereal, Cereal Bars or Pop Tarts are alternate daily breakfast choices. Juice, Fruit and Milk are offered with Breakfast. (##) Denotes carb counts. Menu Subject to Change without Notice due to product availability. Carb counts may change due to specific product availability.

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