



BREAKFAST

DECEMBER 2022

Central - Jefferson

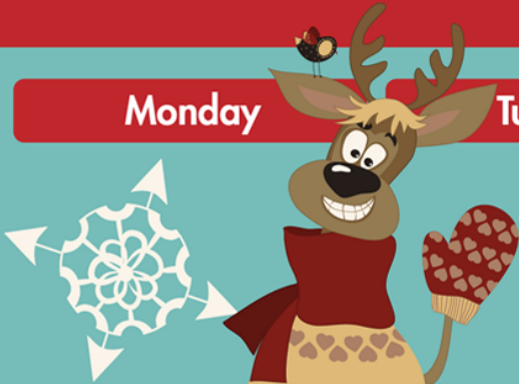
Monday

Tuesday

Wednesday

Thursday

Friday



Chocolate Chip Sheet Pancakes (36) **5**

Strawberry Cream-filled Mini Bagels (42) **6**

French Toast Sticks (37) **7**

Ham/Egg/Cheese Flatbread Sandwich (15) **1**

HMD Cinnamon French Toast Casserole (41) **2**

FFVP - Grapefruit

Apple Strudel (36) **12**

Sausage Bites (16) **13**

Ham & Egg Bar (8) **14**

Chicken & Waffle Sandwich (22) **15**

Homemade Cinnamon Roll (42) **16**

FFVP - Rutabaga

FFVP - Pineapple

FFVP - Brussel Sprouts

Mini Waffles (37) **19**

Yogurt (15) HMD Blueberry Muffin (29) **20**

Sausage/Cheese Bagel Pizza (23) **21**

Long John (42) **22**

NO SCHOOL **23**

FFVP - Apple Slices

FFVP - Carrots



NO SCHOOL **27**

NO SCHOOL **28**

NO SCHOOL **29**

NO SCHOOL **30**

MENU INFORMATION: Cold Cereal, Cereal Bars or Pop Tarts are alternate daily breakfast choices. Juice, Fruit and Milk are offered with Breakfast. (##) Denotes carb counts. Menu subject to change without notice due to product availability. Carb counts may change due to specific product availability.

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