



BREAKFAST

SEPTEMBER 2023

Central – Jefferson

Monday

Tuesday

Wednesday

Thursday

Friday

Pumpkin
Coffee Cake (41)

1

Long John (42)

8

Homemade
Cinnamon Roll (42)

15

Mini Donuts (41)

22

Ultimate
Breakfast Round (42)

29

NO SCHOOL

4

Emoji Waffles (30)

5

Egg/Sausage/Bacon/Cheese
Flatbread Pizza (16)

6

Yogurt Sundae (26)
Granola (20)

7

FFVP - Peaches

Breakfast Pizza (26)

11

Assorted
Breakfast Bread (42)

12

Mini Waffles (37)

13

Ham & Egg Bar (8)

14

FFVP - Cucumbers

Ham/Egg/Cheese
Flatbread Sandwich (15)

18

Mini Puff Pancakes (37)

19

Yogurt (15)
HMD Chocolate Chip
Zucchini Muffin (30)

20

Sausage Bites (16)

21

FFVP - Banana

NO SCHOOL

25

National Pancake Day
HMD Chocolate Chip
"Pan"cakes (36)

26

Cheese-filled
Breadstick (25)

27

Bagels (28)
w/Cream Cheese
Plaine (2) Strawberry (5)

28

FFVP - Cucumbers

FFVP - Apples

MENU INFORMATION: Cold Cereal, Cereal Bars or Pop Tarts are alternate daily breakfast choices. Juice, Fruit and Milk are offered with Breakfast. (##) Denotes carb counts. Menu subject to change without notice due to product availability. Carb counts may change due to specific product availability.

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