



BREAKFAST

NOVEMBER 2023

Central - Jefferson

Monday

Tuesday

Wednesday

Thursday

Friday

Sausage/Pancake
on a Stick (22)

6

Cherry Strudel (36)

7

Egg/Sausage/Bacon/Cheese
Flatbread Pizza (16)

1

Strawberry Cream-filled
Mini Bagels (42)

2

Long John (42)

3

FFVP-Broccoli

Emoji Waffle (15)
Sausage Patty (0)

13

Assorted
Breakfast Bread (44)

14

Ham/Egg/Cheese
Flatbread Sandwich (15)

8

Yogurt (15)
HMD Pumpkin Muffin (30)

9

Cinnamon Apple
Donut Holes (38)

10

FFVP-Cucumbers

Sausage Bites (16)

20

Ham & Egg Bar (8)

21

Sausage
Breakfast Pizza (26)

15

Cinn-a-Mini (39)

16

Ultimate
Breakfast Round (42)

17

FFVP- Apples

FFVP-Celery

FFVP-Cranberries & Cuties

NO SCHOOL

22

HAPPY
THANKSGIVING

3

NO SCHOOL

24

HMD Chocolate Chip
Sheet "Pan"cakes 36)

27

Twisted Cheese-filled
Breadstick (15)

28

Sausage Gravy
over Biscuit (35)

29

Bacon/Egg
Sandwich (15)

30

FFVP-Grapefruit

FFVP-Tomatoes



MENU INFORMATION: Cold Cereal, Cereal Bars or Pop Tarts are alternate daily breakfast choices. Juice, Fruit and Milk are offered with Breakfast. (##) Denotes carb counts.

Menu subject to change without notice due to product availability. Carb counts may change due to specific product availability.

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